



CONTACT & SOCIAL

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June 12th 1974
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LANGUAGES

German mother tongue
English business fluent
French basic knowledge

EDUCATION

- ✓ Agile Coach / Scrum Master
- ✓ Course Instructor SVEB1
- ✓ Life Coach
- ✓ Short-Term Coaching
- ✓ NLP certificate course
- ✓ Anxiety & Stress Management
- ✓ Personal Life Coaching
- ✓ Practical & Basic Psychology
- ✓ Art Therapy
- ✓ Apprentice Trainer
- ✓ Commercial apprenticeship with Imholz Reisen AG

SO, I'AM

- Innovative open doer
- Loves to work with people
- Developer & planner with joy in the creation of new ideas & visions
- Service oriented
- Strong in communication
- "Just do it" mentality
- Creative, committed
- Attentive, authentic
- Flexible
- Travel lover



Let us build together the bridge that connects us with each other

MY PROFILE

Competent personal & business coach

Innovative developer & planner with implementation power
Never loses the overview, acts goal-oriented & decides responsibly

Trained travel specialist, event- & course management
(25 years of experience)

MY PROFESSIONAL LIFE JOURNEY

Early on in my early 20's, I started my own business and built up a travel agency/tour operator for North America with my partner and ran it for 10 years. After that, I was able to gain further experience in larger and smaller companies in the tourism and pharmaceutical industries. I always had the feeling that there was more to it and decided to do further training and to reorient myself in personal and business coaching.

Like a red ribbon, the love for people runs through my professional life journey. Today I am happy to have found my professional home and to be able to live out my passion.

MY STRENGTHS

- Strong communicator
- Creative problem solver (out of the box thinking)
- Visionary who does not lose sight of profitability and feasibility
- Creative, innovative thinker (ability to develop new solutions)
- I feel very comfortable in uncharted waters

MY WEAKNESSES

- Monotony and stagnation
(To show my full potential, I need the opportunity to create new things and think outside the box)
- Impatience
(Since I have a quick perception, I am an implementer and can quickly see if it is feasible and economical. There it can happen that I overtax my fellow men with my variety and my wealth of ideas. But this has become easier with age).
- Writing weakness
(Over the years I have learned some techniques and live with them reconciliatory)

MY USP

Creative, intuitive, strong communicator and problem solver who acts inspirationally "out of the box" oriented.